

Hampden Recreation Department
106 Western Avenue (mailing) / 1 Main Road North (physical)
Hampden, ME 04444
207-862-6451

Thank you for your interest in playing adult coed softball with Hampden Recreation. Enclosed you will find the rules for the league. The league is limited to 6 teams in this **Non-Competitive League**. Team spots are reserved on a first paid basis. Game times will have start times of 6:00pm, 7:15pm, and 8:30pm. All games will be held at the Ballfield Road Field, off Old County Road in Hampden. Should you have any questions or concerns, please feel free to contact the Hampden Recreation Department at (207)862-6451. This league will be held on **Monday evenings**, July 6th through August 3rd, 2026. Make up games will be determined based on weather. There will be no playoffs this year.

Slow-Pitch League Information

- ❖ 6 Team Max Competitive Coed Adult Softball League
- ❖ Monday evenings starting 6:00pm, 7:15pm, and 8:30pm.
- ❖ The leagues will be umpired by the league supervisor.
- ❖ The leagues are designed for the enjoyment of all participants. Abusive language or physical abuse of any player, umpire, or spectator will not be tolerated. Any player that violates the bounds of good sportsmanship will be subject to ejection from the game. Any player ejected from the game will also be suspended from the next game and may be subject to further disciplinary action by the Hampden Recreation Department.
- ❖ The Director of the Hampden Recreation Department has the right to deny any team or individual from entering the league based upon past actions in any of the department's programs or leagues.
- ❖ All participants must be 18 years of age and/or have completed high school.
- ❖ **No drugs or alcohol are allowed in the Ballfield Road complex, including the adjacent parking lot. For the health of our participants, smoking is prohibited within the confines of the field.**
- ❖ Teams are responsible to provide bats and a first aid kit for their team. Please be advised that there is no running water or ice available at this sight so please plan accordingly.
- ❖ Teams need to be uniformly colored. A minimum of 7 players must be wearing uniforms.
- ❖ Team contacts are responsible for contacting all team members regarding cancellations. Cancellations are posted online at hampdenme.myrec.com. An email will be sent to team contacts when time is available. Please be certain to allow email notifications at the time of team registration.
- ❖ Team Contacts are responsible for enforcing all league rules.
- ❖ Distance between bases will be 70 ft. The pitching rubber remains 50 ft. from home plate.
- ❖ **Each team should plan on fielding 10 players.**
 - 10 players – Minimum 4 Female
 - 9 Players – Minimum 3 Female

Game Specific Rules

- ❖ ASA Approved Bats/Wood Bats Only.
- ❖ Each batter starts with a 1-1 count.
- ❖ 1 Free Foul on 3rd strike.
- ❖ Ground-Rule Triple occurs when ball rolls under/bounces over outfield fence in fair territory. Ruled a Ground-Rule Double when ball rolls under/bounces over fence in foul territory.
- ❖ Lineup should alternate gender, until no longer possible (MFMFMFMM)
- ❖ With mutual consent, team lineups can go (MMFMMFMMFMMF) with 12 players
- ❖ Wires overhanging the fence are still in play.
- ❖ ***NEW*** Each Team is allowed 2 homeruns per game. All homeruns after that will be an automatic out. Teams that hit the home run will be expected to retrieve the ball.